



Centre for Black, African and Caribbean Elders: have your say

Let us know what services and activities the new centre should offer

We have promised to establish a modern Centre for Black African and Caribbean elders run by and for the community. We want help to create a centre that reflects the health, and wellbeing needs and diversity of Black seniors in Southwark.

Join us for a workshop at Appleby Blue, on Thursday 29 May 2025 from 11am to 3pm

Appleby Blue, 94-116 Southwark Park Road, SE16 3RD

Friends, family and carers welcome. FREE Zumba class at 11.30am. Refreshments will be provided.

For further information please:

- call 020 7525 0866
- email community.engagement@southwark.gov.uk
- or go to southwark.gov.uk/black-elders-wellbeing

Give your views in the survey by 30 May 2025

Complete the survey:

- at southwark.gov.uk/black-elders-wellbeing
- or scan code this code:

SCAN ME



How to get to Appleby Blue

- **By train** – **Bermondsey** station is a twelve-minute walk. **Surrey Quays** then bus **1** (to bus stop PH).
- **By bus** - **1** bus, stops right outside Appleby Blue from **Surrey Quays** (Stop PH). **381** bus, get off at the Blue (stop PG) and then a 2 minute walk.
- **By overground** – **South Bermondsey** station then **381** or **1** bus

